

HP Norseman Xtreme Triathlon 2006**Final Results : Overall**

Version: 07.08.2006

Completed iron distance, finish line at the Gaustatoppen at 1,883 meter above sea level. Black t-shirt.												
Place	First name	Last name	Club	Sex	Age group	Representing country	Swim	T1	Bike	T2	Run	Finish
1	Ole	Stougaard	Odense Triatlon Klub	Male	M30	Denmark	0:49:48	00:01:35	05:50:26	00:01:08	04:07:00	10:49:57
2	Thomas Nasset	Sundal	Team Oslo Sportslager	Male	M25	Norway	1:09:06	00:02:14	05:23:55	00:02:04	04:25:30	11:02:49
3	Jonas	Colting		Male	M30	Sweden	0:49:18	00:01:30	05:51:35	00:03:15	04:38:14	11:23:52
4	Pål Cato	Elshaug	Rye	Male	M40	Norway	1:08:58	00:02:10	05:59:50	00:01:01	04:12:26	11:24:25
5	Per Martin	Lund	Tjukk og rund	Male	M25	Norway	1:00:32	00:03:11	05:38:38	00:02:56	04:59:11	11:44:28
6	Tom	Remman	Team Intersport Holmestrand	Male	M35	Norway	0:51:35	00:01:55	05:56:01	00:01:12	04:56:51	11:47:34
7	Frank Denis	Kristiansen	RYE sportsklubb	Male	M40	Norway	0:55:56	00:01:52	06:18:29	00:03:41	04:34:44	11:54:42
8	Marco	Haverl	Hydro Bergen BIL	Male	M30	Austria	1:05:22	00:06:11	06:14:44	00:03:44	04:38:49	12:08:50
9	Frode	Bergan	IL Skarphedin	male	M40	Norway	1:15:03	00:01:54	05:51:47	00:01:52	04:58:31	12:09:07
10	Christian	Houge-Thiis	Stvgr. Triathlon klubb	Male	M25	Norway	0:55:44	00:02:27	06:26:26	00:01:18	04:48:08	12:14:03
11	Leif Oddvin	Jensen	Team Oslo Sportslager/BOC	Male	M25	Norway	1:34:38	00:02:40	05:57:57	00:01:42	04:42:08	12:19:05
12	Henrik	Sollie	Team Oslo Sportslager	Male	M30	Norway	1:16:48	00:04:28	06:43:12	00:04:13	04:25:07	12:33:48
13	Flemming	Kristiansen	Team Berghaus- Frikransen	Male	M30	Norway	1:15:13	00:04:44	06:31:07	00:04:08	04:40:56	12:36:08
14	Espen	Wagener	Rælingen Triathlon Klubb	Male	M30	Norway	1:04:22	00:01:12	05:57:36	00:01:53	05:33:33	12:38:36
15	Stephane	GROUX	FAST	Male	M35	France	0:58:08	00:03:18	06:01:43	00:02:02	05:46:50	12:52:01
16	Geir	Kjær	IF Frøy	Male	M45	Norway	1:06:18	00:03:38	06:25:51	00:02:18	05:15:21	12:53:26
17	Joachim	Reitan	Follo SK	Male	M35	Norway	1:15:54	00:03:28	06:25:42	00:01:48	05:11:20	12:58:12
18	Jens	Richter	Stavanger Triathlonklubb	Male	M40	Germany	0:56:36	00:05:08	06:35:24	00:03:37	05:17:56	12:58:41
19	John	Hey	West Pennine RC	Male	M40	United Kingdom	1:08:08	00:04:38	06:33:39	00:07:19	05:12:58	13:06:42
20	Rune	Holtze jensen	Frøy	Male	M45	Norway	1:06:05	00:03:45	06:16:26	00:03:57	05:39:33	13:09:46
21	Håkon	Imbsen	Hewlett-Packard /Sportsidiot.com	Male	M30	Norway	1:18:09	00:06:01	06:29:44	00:03:59	05:12:47	13:10:40
22	JACOB (JON)	SCHOL	Kiama Triathlon Club	Male	M40	Australia	1:01:26	00:04:55	06:27:39	00:04:05	05:40:36	13:18:41
23	Kenneth	Gavoll-Hansen	Team Oslo Sportslager	Male	M30	Norway	0:52:59	00:01:44	06:16:36	00:03:06	06:06:29	13:20:54
24	Nils Marius	Otterstad	Abbott Norge	Male	M30	Norway	1:02:02	00:03:43	06:35:58	00:03:58	05:57:28	13:43:09
25	Per Kristian	Saastad	OK Festus	Male	M35	Norway	1:33:51	00:03:43	06:49:56	00:02:15	05:14:03	13:43:48
26	Bjarne	Boge	Eidfjord I.L.	Male	M40	Norway	1:37:35	00:04:15	06:58:20	00:02:30	05:01:19	13:43:59
27	Menno	ter Bals	GSTV Tritanium	Male	M25	Netherlands	0:55:50	00:04:10	06:53:45	00:05:59	05:45:20	13:45:04
27	Thomas	Lauterbach	Tristar Regensburg	Male	M30	Germany	1:09:05	00:04:55	06:31:32	00:07:20	05:52:12	13:45:04
29	Jörg	Mettlach	Starlight-Team-Essen	Male	M35	Germany	0:51:35	00:02:50	06:45:07	00:02:41	06:03:06	13:45:19
30	Bjørn Tore	Lunde		Male	M35	Norway	1:14:39	00:04:27	06:26:26	00:03:33	05:56:36	13:45:41
31	Audun	Eide	Agder politiidrettslag	Male	M35	Norway	1:08:11	00:02:47	07:01:24	00:01:38	05:34:17	13:48:17
32	Kjartan	Roland	OK Festus	Male	M30	Norway	1:11:13	00:03:18	06:57:49	00:06:23	05:34:12	13:52:55
33	Björn	Skollerud	Modum Svømmeklubb	Male	M25	Norway	0:53:00	00:02:26	06:37:24	00:03:41	06:17:11	13:53:42
34	Pål	Strömberg	Lonewolf	Male	M35	Sweden	1:00:54	00:04:39	06:51:02	00:04:36	06:09:56	14:11:07
35	Andreas	Berbu	Svorkmo	Male	M30	Norway	1:31:34	00:02:00	07:00:21	00:03:48	05:42:04	14:19:47
36	Jørn A.	Pedersen	Oslofjord Triatlon	Male	M35	Norway	1:20:11	00:04:22	06:48:21	00:03:20	06:04:57	14:21:11
36	Tom B	Mikalsen	Oslofjord Triatlon	Male	M40	Norway	1:20:31	00:04:59	07:15:40	00:03:20	05:36:41	14:21:11
38	Jürgen	Schnellmann	Starlight-Team-Essen	Male	M40	Swiss	1:17:23	00:04:40	06:54:47	00:06:30	05:59:27	14:22:47
39	Øyvind	Bredholt	Runar IL	Male	M40	Norway	1:15:20	00:04:50	06:59:40	00:05:15	06:01:28	14:26:33
40	Finn	Thomassen	STriK	Male	M40	Norway	1:20:41	00:03:50	07:07:09	00:06:20	05:49:54	14:27:54
41	Rolf Håvard	Sørland	Stabil IL	Male	M40	Norway	1:29:08	00:04:47	06:54:31	00:09:41	05:50:55	14:29:02
42	Tor Henning	Lien	National Oilwell / CK Sør	Male	M35	Norway	1:24:44	00:05:46	06:37:42	00:04:08	06:17:06	14:29:26
43	Ståle	Ingebrigtsen	Oslofjord Triatlon	Male	M30	Norway	1:27:31	00:06:28	07:17:01	00:02:30	05:36:30	14:30:00
43	Avishay	Raviv	Ayalot	Male	M30	Israel	1:01:14	00:04:13	07:02:07	00:04:46	06:17:40	14:30:00
45	Leif	Solstad	Team Sportpartner	Male	M35	Norway	1:08:51	00:04:51	07:12:43	00:04:25	06:07:57	14:38:47
46	Jan	Røyneberg		Male	M40	Norway	1:17:19	00:02:51	06:58:16	00:02:18	06:20:14	14:40:58
46	Chris	Grundberg		Male	M20	United Kingdom	1:12:20	00:06:33	06:38:01	00:11:46	06:32:18	14:40:58
48	Håkon	Sagberg	Oslofjord Triatlon	Male	M30	Norway	1:15:20	00:10:45	07:24:35	00:06:38	05:44:46	14:42:04

49	Yngvar	Udø	Agder politiidrettslag	Male	M35	Norway	1:24:34	00:05:40	06:45:21	00:03:31	06:25:34	14:44:40
50	Marie	Veslestaul	Høydalsmo I.L	Female	F25	Norway	1:22:19	00:05:18	07:17:13	00:06:25	05:55:10	14:46:25
51	Tore	Blokkum	Svorkmo	Male	M25	Norway	1:16:36	00:04:13	07:05:01	00:03:25	06:18:39	14:47:54
52	Karsten	Schmidt-Schoormann	TV-Attendorn	Male	M40	Germany	1:16:32	00:05:46	07:33:51	00:06:51	05:45:24	14:48:24
53	Petter	Berland	Tallmoen Helsesportslag	Male	M25	Norway	1:17:07	00:06:35	07:34:37	00:09:43	05:42:23	14:50:25
54	Jason	Sawyer	RNRM Tri Association	Male	M35	Great Britain	1:04:25	00:01:45	07:00:40	00:03:50	06:42:53	14:53:33
55	Bjørn Chr.	Borgen	Oslofjord Triatlon	Male	M35	Norway	1:04:22	00:04:20	07:25:28	00:07:35	06:13:47	14:55:32
56	Victor	Selenow	USA Triathlon	Male	M50	USA	1:01:11	00:03:14	07:35:50	00:03:25	06:17:44	15:01:24
57	Kristian G	Andreassen	Brumunddal SK	Male	M25	Norway	1:26:31	00:06:23	06:48:11	00:03:21	06:40:51	15:05:17
58	Tore	Gran	Tønsberg Triathlonklubb	Male	M50	Norway	1:11:26	00:06:08	07:34:26	00:06:43	06:08:55	15:07:38
59	Christoph	Hoch	TuS Holstein Quickborn	Male	M45	Germany	1:01:28	00:06:08	07:29:04	00:07:50	06:24:14	15:08:44
60	Ben	Enosh	Ayalot	Male	M30	Israel	0:57:50	00:07:08	07:55:52	00:08:24	06:11:50	15:21:04
61	Glenn	Høgman	Langesund Triatlon	Male	M35	Norway	1:19:18	00:12:03	07:59:06	00:16:53	05:34:00	15:21:20
62	Per	Husan	BOC / ABPIL	Male	M30	Norway	1:24:58	00:03:45	07:16:57	00:02:10	06:34:28	15:22:18
63	Ole	Rønningen	Oslofjord Triatlon	Male	M30	Norway	1:06:34	00:06:26	07:35:51	00:05:03	06:31:30	15:25:24
64	Fredrik	Jensen		Male		Norway	1:06:16	00:05:50	07:24:34	00:09:05	06:39:40	15:25:25
65	Erik	Thorhallsson	Norfolier	Male	M35	Norway	1:35:37	00:04:55	07:52:52	00:04:07	05:49:05	15:26:36
66	Thor Kristian	Østenå Larsen	Privat	Male	M20	Norway	0:49:13	00:05:57	07:38:54	00:03:21	06:50:42	15:28:07
67	Jan Wilhelm	Werner	BCK	Male	M45	Norway	1:22:55	00:05:01	08:07:54	00:03:16	05:49:10	15:28:16
68	Bjarne	Brynning	Horten O C	Male	M45	Norway	1:45:05	00:04:13	07:39:58	00:06:28	05:53:27	15:29:11
69	Helene	Pallesen	Silkeborg Triathlon	Female	F20	Denmark	1:17:22	00:01:50	07:52:24	00:01:17	06:20:02	15:32:55
70	Liam	Thier		Male	M30	USA	1:01:13	00:01:12	07:29:55	00:03:10	06:58:45	15:34:15
71	Andreas	Eieland	NTNUI	Male	M25	Norway	1:16:19	00:03:40	06:59:56	00:03:35	07:11:07	15:34:37
72	Frank	Hülsemann	ASV Köln Triathlon	Male	M30	Germany	1:09:05	00:03:35	07:47:38	00:06:25	06:29:59	15:36:42
73	Marit	Svenning Berg	I.L.Dyre Vaa/Langesund	Female	F20	Norway	1:10:24	00:04:46	07:57:15	00:08:53	06:17:28	15:38:46
74	Thomas K.	Eilertsen	Tromsø Seilforening	Male	M25	Norway	1:16:24	00:06:27	07:33:09	00:07:40	06:35:42	15:39:22
75	Geir	Høgås	Tønsberg Triatlon	Male	M50	Norway	1:24:16	00:06:38	07:47:11	00:06:38	06:18:56	15:43:39
76	Andrew	Bass	Serpentine	Male	M45	England	1:18:06	00:06:16	07:54:41	00:08:55	06:17:47	15:45:45
77	Asbjørn	Skoglund		Male	M30	Norway	1:32:05	00:04:10	08:23:29	00:04:21	05:47:06	15:51:11
78	Bjarte	Eikås	Hallclub/Strik	Male	M40	Norway	1:14:41	00:03:47	07:36:32	00:06:30	06:52:33	15:54:03
79	Mikael	Granath	Bäckhammars Bruk	Male	M35	Sweden	1:32:22	00:06:00	07:24:34	00:08:56	06:43:31	15:55:23
80	Nick	Hales	Oxford Tri	Male	M25	United Kingdom	1:10:22	00:09:37	07:50:03	00:20:57	06:27:20	15:58:19
81	Thor	Sødal	Torvikbukt	Male	M50	Norway	1:53:41	00:06:59	07:55:42	00:06:06	05:56:43	15:59:11
82	Tommy	Aslaksen	Team Berghaus Frikransen	Male	M30	Norway	1:29:50	00:04:09	07:50:01	00:11:44	06:24:58	16:00:42
83	Adeleid	Haugen	Oslofjord Triatlon	Female	F30	Norway	1:20:28	00:06:23	08:00:42	00:04:31	06:29:39	16:01:43
84	Eva Veslemøy	Hetland	NTNUI	Female	F25	Norway	1:28:17	00:04:07	07:36:46	00:02:34	06:56:47	16:08:31
84	Klaus	Tyldum	NTNUI	Male	M30	Norway	1:16:50	00:04:26	07:16:25	00:04:14	07:26:36	16:08:31
86	Raymond	Henriksen	Team Berghaus- Frikransen	Male	M45	Norway	1:19:15	00:06:50	07:48:21	00:13:30	06:41:53	16:09:49
87	Lars Kristian	Vehus	Oslofjord Triatlon	Male	M20	Norway	1:39:14	00:05:50	07:06:38	00:07:08	07:13:27	16:12:17
88	Ilan	Groher	Ayalot	Male	M30	Israel	1:01:34	00:05:18	07:53:58	00:08:30	07:06:03	16:15:23
89	Erik	Jungeling	Oslofjord Triatlon	Male	M30	Norway	1:16:11	00:07:12	08:04:55	00:05:17	06:43:35	16:17:10
90	Jesper	Johansson	SKF Friluftsklubb	Male	M30	Sweden	1:34:12	00:08:02	08:11:04	00:07:52	06:19:12	16:20:22
91	Luke	Baker		Male	M25	England	1:16:56	00:05:43	07:56:18	00:12:02	06:50:22	16:21:21
92	Peter	Warzelhan	TCEC Mainz	Male	M45	Germany	1:01:47	00:03:09	07:48:55	00:03:27	07:30:06	16:27:24
93	Marius	Johansen	Oslofjord Triatlon	Male	M20	Norway	1:07:58	00:05:49	07:41:03	00:03:20	07:38:30	16:36:40
94	Jone	Jonsson	Stavanger Triatlon klubb	Male	M25	Norway	1:08:51	00:04:08	08:08:24	00:04:24	07:11:37	16:37:24
95	Dag	Aksnes	UBIL sykkel	Male	M50	Norway	1:08:06	00:05:43	08:11:41	00:08:24	07:03:54	16:37:48
96	Gary	Jolliffe		Male	M35	United Kingdom	1:22:38	00:04:34	07:49:58	00:08:35	07:12:50	16:38:35
97	Andreas	Rieger	SV Warnemuende	Male	M40	Germany	1:39:30	00:06:18	07:29:02	00:08:16	07:23:13	16:46:19
98	Ingo	Förtsch, Dr.	SG Frankfurt-Nied	Male	M35	Germany	1:13:56	00:10:07	07:59:54	00:08:33	07:16:25	16:48:55
99	Robert	Karban	-	Male	M35	Austria	1:13:27	00:07:25	07:48:48	00:14:32	07:29:53	16:54:05
100	Lars-Martin	Hejll	Tønsberg Triathlon klubb	Male	M20	Norway	1:15:56	00:06:35	07:59:12	00:09:00	07:24:17	16:55:00
101	Gry	Haugnes	Team Berghaus Frikransen	Female	F30	Norway	1:22:22	00:04:48	08:28:07	00:06:20	06:53:57	16:55:34
102	Matthew	Wordsworth	Accelerace	Male	M20	Great Britain	1:12:27	00:05:33	08:04:35	00:09:17	07:33:34	17:05:26
103	Eirik	Bjergo	Team Kvelluren	Male	M20	Norway	0:56:26	00:07:47	07:58:42	00:09:57	07:52:50	17:05:42
104	Janine	Herweijer	Aquapoldro Triathlon	Female	F35	Netherlands	1:10:48	00:04:49	07:37:53	00:04:05	08:09:07	17:06:42

105	Lars-Erik	Gustafsson	Stavanger Triathlon Klubb - Schlumberger	Male	M35	Sweden	1:06:30	00:04:45	07:47:48	00:05:59	08:24:10	17:29:12
106	Jay	Waller		Male	M50	United Kingdom	1:01:13	00:05:07	07:53:35	00:11:30	08:22:55	17:34:20
107	Henrik	Bakken		Male	M20	Norway	1:06:42	00:07:00	08:35:20	00:18:33	07:27:06	17:34:41
108	Hanne	Krogstad	Oslofjord Triatlon	Female	F25	Norway	1:24:56	00:03:55	08:32:12	00:05:18	07:28:41	17:35:02
109	Marius	Johansen		Male	M20	Norway	1:14:56	00:09:03	08:34:26	00:09:52	07:26:48	17:35:05
110	Darren	Holloway		Male	M35	New Zealand	1:17:03	00:05:58	08:21:19	00:07:11	07:46:44	17:38:15
111	Ole D.	Tandberg		Male	M40	Norway	1:24:06	00:05:18	08:30:36	00:07:34	07:31:40	17:39:14
112	Per Ola	Tennebø	Schlumberger BIL	Male	M35	Norway	1:17:32	00:08:33	09:38:32	00:18:11	06:18:07	17:40:55
113	Alf Helge	Møgster	AUSTEVOLL	Male	M30	Norway	1:17:18	00:06:32	08:29:04	00:11:11	07:37:05	17:41:10
114	Geir	Haugum	MTV Wittmund	Male	M35	Norway	1:33:00	00:05:18	08:26:49	00:10:44	07:34:33	17:50:24
115	Bjarne	Johannessen	Oslofjord Triatlon	Male	M45	Norway	1:30:10	00:06:05	08:55:04	00:06:05	07:23:45	18:01:09
116	Per Erik	Eimhjellen	Harding IL	Male	M30	Norway	1:19:51	00:06:06	08:40:40	00:12:32	07:43:40	18:02:49
117	Eugene	Irvin		Male	M55	Australia	1:07:03	00:04:54	08:10:49	00:05:12	08:36:00	18:03:58
118	Morten	Sletten Haaland		Male	M30	Norway	1:17:57	00:07:05	08:41:28	00:06:08	07:55:27	18:08:05
118	Tom	Ørbæk	Larvik Brannvesen	Male	M40	Norway	1:19:37	00:06:28	08:42:01	00:14:14	07:45:45	18:08:05

Completed iron distance, finish line at the Gaustablikk at 1,000 meter above sea level, because they did not reach the cut off. White t-shirt.

120	Dave	Baker	Wight Tri	Male	M40	England	1:22:41	00:03:23	09:00:56	00:13:32	06:27:28	17:08:00
121	Kent	Linne'	Bäckhammars Bruk	Male	M35	Sweden	1:28:25	00:05:51	09:07:49	00:05:04	06:45:11	17:32:20
122	Gunnar	Alfheim	Bjørge ASA	Male	M45	Norway	2:11:00	00:11:50	08:36:00	00:15:30	06:21:40	17:36:00
123	Kjetil	Engja	Rådhuset bedriftsidrettslag	Male	M50	Norway	1:22:03	00:07:13	10:15:52	00:09:41	05:52:41	17:47:30
124	Ståle Arild	Grimen	Bergen Cykelklub	Male	M35	Norway	1:58:33	00:06:38	09:20:44	00:08:41	06:20:24	17:55:00
125	Terje	Berge	Oslofjord Triathlon	Male	M35	Norway	1:00:59	00:07:57	09:32:31	00:12:48	07:51:07	18:45:22
126	Tord	Ellingsen	Indre Laurvig Padle og Ballettforening	Male	M30	Norway	1:53:41	00:07:53	09:06:00	00:08:38	07:29:30	18:45:42
127	Lars Helge	Fjeldstad	ABB Skien	Male	M40	Norway	1:28:06	00:06:56	08:51:08	00:09:43	08:29:37	19:05:30
128	Morten Dahl	Hermansen	Oslofjord Triatlon	Male	M40	Norway	1:28:34	00:06:14	09:57:52	00:09:21	08:18:11	20:00:12

DNF

129	Michel	Gagnard	Tarare Triathlon	Male	M40	France	1:12:44	00:05:42	08:04:39	00:05:56		DNF
130	Fredrik	Borchgrevink	Ernst & Young	Male	M25	Norway	1:21:20	00:06:17	09:05:01	00:01:07		DNF
131	Ole Martin	Sponga		Male	M35	Sweden	1:19:51	00:09:56	09:35:36	00:14:01		DNF
132	Harald	von Heyden	Sagene	Male	M35	Norway	1:22:19	00:05:37	09:54:39	00:05:49		DNF
133	Frode	Vittersø	Tønsberg Triathlonklubb	male	M40	Norway	1:20:05	00:05:38	10:09:00	00:03:12		DNF
134	Kristofer	Larsen	Rælingen Triathlon Klubb	Male	M30	Norway	0:55:05	00:01:46				DNF
135	Roger	Kristoffersen	Bergen CK	Male	M40	Norway	1:08:43	00:03:08				DNF

HP Norseman Xtreme Triathlon Crew Race 2006 - 15.07.2006

Completed iron distance, finish line at the Gaustablikk at 1,000 meter above sea level, because he failed the medical test at 32km.

White t-shirt. Cold swim and 190 km bike like in 2005.

1	Paal Hårek	Stranheim	Oslofjord triatlon	Male	M35	Norway	1:20:00	00:10:00	08:19:00	00:08:00	06:59:30	16:56:30
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